

EAST TEXAS AREA OF NARCOTICS ANONYMOUS

BUSINESS MEETING MINUTES

FEBRUARY 1ST 2025

The meeting opened with Serenity Prayer & Service Prayer at 2:06 PM

12 Traditions read by Danny

12 concepts read by Becki D

2nd concept read by Becki D

Roll Call – Hope F

Visions of Recovery	P	P											
Keep it Simple	P	P											

MINUTES FOR JANUARY- ACCEPTED

REPORTS

Facilitator

Limited updates were shared.

Co Facilitator

Absent

Notetaker

Limited updates were shared.

Money Handler

Money Handler asking that we update prudent reserve. Asking what the Area would like to do with a recent donation that was made.



Good Morning, KRISTEN ROACH

ANALYSIS CHECKING XXXXXX

Last Updated: February 1, 2025 1:17 AM

\$4,352.67 **\$4,352.67**
Current Balance Available Balance

[Transactions](#) [Details & Settings](#)



Search transactions

Date	Description	Amount	
JAN 17 2025	② Check #1001 Check	- \$250.00 \$4,352.67	⋮
JAN 6 2025	⌚ Deposit Check #36519724 Income	+ \$246.00 \$4,602.67	⋮
JAN 3 2025	⌚ ATM Deposit Check #31794842 Income	+ \$665.48 \$4,356.67	⋮
JAN 3 2025	⌚ Deposit Check #31794843 Income	+ \$392.00 \$3,691.19	⋮
NOV 25 2024	② Nawsus Uncategorized	- \$903.56 \$3,299.19	⋮

Lit Sales: Literature Rep was absent so no update was provided.

Group Donation: \$135

7th Tradition: \$20

Web Facilitator

The password was able to be gathered by Becki D. Kristen now has the password as of today.

Literature

Literature Purchase: Literature Rep was absent.

Lit sales this month: N/A

Last Month Lit Sales: \$146.77

Soft BT H&I Purchase: N/A

Activities

OPEN

H&I

Asking that Area assist with literature for current H&I Meetings that are happening. Adding a budget update to the Agenda.

RCM

Becki has provided all details via emails that were sent out Jan 30th and Jan 31st. Please let me know if additional information is needed.

RCMA

Absent

GROUP REPORTS

ANOTHER LOOK

809 E Erwin Street Tyler, TX
M-Su @ 7pm
S, SU, MON, TUES @ Noon
Average Attendance 15
Donation \$0

LIVING RECOVERY

107 B Wain St Longview, TX
M-TH @ 12:15AM 6PM & 8PM
F & SU @ 12:15AM & 8PM
SAT @ 12:15PM & 8PM
Avg attendance – 10
Donation \$0.00

LOVE & HOPE

200 Pine St Hawkins, TX;
MAILING ADDRESS 220 CR
3459 Hawkins, TX
Monday @ 7pm
Sat @ 1pm.
AVG attendance 0
Donation \$0

NEW BEGINNINGS

530 N Border Tyler, TX
Meetings:
SUN 1 & 6 PM MON 12 PM
TU 12 & 8 PM W 12 PM TH 12
& 6 PM FRI 12 PM SAT 1 PM
Average Attendance 3

Last Sat of the month is BDAY
night at 8pm
Donation \$0

RED BUD:

406 Red Bud Ln in Grand
Saline, TX
Tuesday & Saturday at 7 PM;
Literature Study Thursday
7-8:30

BDAY Night is last Saturday
AVG Attendance 12
Donation \$55

THE HOME GROUP

229 Utzman RD Kilgore Texas;
MAILING ADDRESS 510 North
Longview St Kilgore, TX
Mon & Thur @ 6:30 PM
Average Attendance 5
Donation \$20

VISIONS OF RECOVERY

804 Jordan ST Nacogdoches,
TX
SU,W, F 7 pm
Birthday Night: Last Sunday of
the month.
3rd Sunday is Activities
Avg attendance 9
Donation: \$60

KEEP IT SIMPLE

1403 East 1st Mt Pleasant (St.
Michael's Catholic Church)
M @ 7PM — in the building
behind the office; please use
the side door.
Average Attendance 3
Donation \$0

VISITING GROUPS

CALLED FOR A BREAK AT 2:49 PM

OPENED MEETING BACK UP AT 3:04 PM WITH SERVICE PRAYER

OLD BUSINESS

Area Service Meeting Update

January 2025

- **Danny's Suggestion on Email Addresses and Minutes**

Danny suggested updating email addresses and posting meeting minutes on the Area website to ensure easier communication and transparency.

- **Kristen as Temporary Web Facilitator**

Kristen kindly offered to temporarily hold the Web Facilitator position. This offer was accepted, and we appreciate her willingness to step in.

- **Becki's Suggestion Regarding Activities**

Becki suggested that Groups host each Area activity due to the absence of an Activities Chair at the Area level. She also volunteered to handle the money for each activity, as the Activities Alt does not have sufficient clean time to manage finances. The Area decided to take this proposal back to their Groups for further discussion. How is the money going to be handled? Area decided Guidelines will be changed to say Individual Groups Activities Chair will manage money until given to Areas Money Handler. Unity Bash will be held by Living Recovery.

- **Britt B's Suggestion on Group Reports**

Britt B proposed that Groups only fill out the Group Reports when there are changes to report, instead of submitting them every time an Area Service Meeting is held. This would help conserve both time and paper. The suggestion was noted for further consideration.

- **H&I Chair and Web Facilitator Resignation**

The H&I Chair and Web Facilitator positions have both been vacated. Chrysty offered to hold the H&I position, and a motion was made by Becki D to approve her nomination, which passed at the Area level. Chrysty provided her qualifications for the position.

- **Food for Region**

Becki suggested discussing the food needed for Region. She requested approval for a \$250 budget for food. Jeremy recommended increasing the budget due to the need to provide food for 65-70 people. The budget will be reviewed and finalized.

- **Guideline Review**

The guideline that was originally scheduled for review in March will now be discussed in February. The group decided to table this review until the March meeting.

- **New Beginnings Area Meeting Attendance**
Paul G raised concerns about New Beginnings Area Meeting attendance. Someone will be reaching out to check on the group and provide any necessary support.
- **LSRCNA 40th Anniversary Event**
The LSRCNA 40th Anniversary event was mentioned as a way to help support the Convention this year. Britt B suggested that the Area assist in some manner. A Zoom meeting will be held on January 6th at 7:30 PM to discuss further details. A flyer will be sent out via email from the Notetaker.
- **Hawkins PI Day**
A suggestion was made to host a PI Day on January 19th at 1:00 PM to distribute flyers. GSRs will take this proposal back to their Groups for feedback.
- **Love & Hope PI Day**
A Love & Hope PI Day was also suggested, and the topic will be revisited in the March meeting.

PASSED MOTIONS BY GSR'S

- Unity Bash Activities adding an additional \$1000 per Quarter for Merchandise.

NEW BUSINESS

Terry S and New Group:

- Terry is looking to start a new group on the East Side of Nacogdoches.
- Others helped guide him through the process and directed him to the website.
- The area offered to send a starter kit, and Mr. John from Visions of Recovery will donate one.

Lone Star Fundraiser:

- Becki suggested gathering more information before making any decisions, and the area voted not to donate to Lone Star.

Website Update:

- The 10 PM meeting for Living Recovery needs to be removed from the website.

Guidelines Review:

- Becki offered to review the guidelines in March.
- A guidelines review session is scheduled for March 22nd at 1 PM at Another Look. The guidelines will be emailed to everyone ahead of time.

2025 Budget:

- H&I Chair requested a budget change of \$600 per quarter.
- Everyone's budget will remain at \$1790 per quarter, including the prudent reserve.
- Unity Bash activities are adding an additional \$1000 per quarter for merchandise.
- Lit Reps' budgets will remain as needed.

H&I Updates:

- Roy mentioned the need to fill empty racks at probation offices and other locations. Chrysty is still waiting on items from the previous H&I chair but will fill the racks as soon as possible.

Women's Meeting in Tyler:

- **When:** Every Wednesday at 6:30 PM
- **Where:** Christus Mother Frances, 800 Dawson St, Ornelas Tower ICU, 4th Floor Waiting Room, Tyler, Texas.

ELECTIONS TO FILL VACANT/OPEN POSITIONS

Facilitator (2 years): Nominee: Paul G. (Red Bud)
Outcome: Voted YES

Outcome: Voted YES

Co-Facilitator (2 years): Nominee: John B.
Outcome: Voted YES

Money Handler Alternate (3 years): Nominee: Debbie (nominated by William) Outcome: Voted YES

RCM (Regional Committee Member, 2 years):
Nominee: Becki D. (Another Look) Outcome:
Voted YES

Web Facilitator (1 year): Nominee: Sarah (Another Look) Outcome: Voted YES

RCMA (Regional Committee Member Alternate, 2 years): Nominees: Chrysty (not present) and Brittany B. Outcome: Brittany B. Voted YES waived time requirement and had a very LONG discussion

Literature Distribution Representative (LDR, 4 years): Nominee: Jeremy P. Outcome: Voted YES

Notetaker (6 months): Nominee: Hope F. (Living Recovery Group) Outcome: Voted YES

Hospitals & Institutions (H&I, 2 years): Nominee: Sarah Outcome: Voted YES

Money Handler (4 years): Nominee: Kristen (expressed willingness to continue) - Kristen apologized to the body for perceived past inaction.

Activities Chair (2 years): Nominee: Miranda (nominated by Becki) Outcome: Voted YES

Activities Alternate (1 year): Nominee: Holly B. (Another Look; 4 months shy of required time) Outcome: Voted YES waived time requirement

OPEN POSITION:

Notetaker Alternate (6 months)
Literature Distribution Representative Alternate (3 years)
Public Relations (PR, 2 years)
Public Relations Alternate (1 year)
Hospitals & Institutions Alternate (1 year)
Web Facilitator

CLOSED WITH THE SERENITY PRAYER AT 3:57 PM

TAKE BACK TO GROUPS:

OPEN POSITION:

- Notetaker Alternate (6 months)
- Literature Distribution Representative Alternate (3 years)
- Public Relations (PR, 2 years)
- Public Relations Alternate (1 year)
- Hospitals & Institutions Alternate (1 year)
- Activities
- Web Facilitator

Area Activities

- Determine which Groups would like to host which Area Event.

Budget for 2025

- H&I Chair requesting a budget change; \$600 a Quarter.
- Prudent Reserve being at \$1790 per Quarter.

Upcoming events:

Birthday Nights at each Group.

Area Schedule:

March - Keep it Simple 1403 East 1st St Mt Pleasant (building behind the office)