

EAST TEXAS AREA OF NARCOTICS ANONYMOUS

BUSINESS MEETING MINUTES

JANUARY 4TH 2024

The meeting opened with Serenity Prayer & Service Prayer at 1:58 PM

12 Traditions read by Brittany B

12 concepts read by Kristen

12th concept read by Danny

Roll Call – Hope F

MINUTES FOR DECEMBER- THESE ARE THE REVISIONS: FEB

1ST VISIONS OF RECOVERY (MT ENTERPRISE METHODIST
CHURCH) 101 NORTHWEST 2ND STREET MT ENTERPRISE

75681 MARCH KEEP IT SIMPLE

REPORTS

Facilitator

Limited updates were shared.

Notetaker

Limited updates were shared.

Money Handler

Money Handler will be providing a spreadsheet even when only information shown is deposits. Requested budget file was included in a separate email she sent. Suggested writing thank you notes to the facilities that allow us to hold Area Service Meetings. Suggested adding Money Handlers Report to website every month.

(Contact Notetaker if you would like bank statements and deposit slips)

Account Owner(s): EAST TEXAS AREA OF NARCOTICS

Balance Summary

Beginning Balance as of 12/01/2024	\$3,299.19
+ Deposits and Credits (0)	\$0.00
- Withdrawals and Debits (0)	\$0.00
Ending Balance as of 12/31/2024	\$3,299.19
Service Charges for Period	\$0.00

Lit Sales: \$146.77

Group Donation: \$219.00

7th Tradition: \$34.00

Web Facilitator

Becki D read email from Sara M who was Absent. Sara resigned via email.

Resignation from H&I Position [Inbox](#)   

 **Sara Magee** <saragmagee@gmail.com>
to me, Brittany, oscar, Rebecca ▾

Sat, Jan 4, 7:44 AM (7 days ago)    

Hey everyone,

It is with a heavy heart that I submit my resignation from the H&I position. This has not been an easy decision for me, as H&I holds a special place in my heart, and so do all of you. I truly don't want to let anyone down.

When I first took on this role, I was working just one job and was eager to devote my free time to service. However, since then, I've had to take on a second job and am also attending school full-time. Despite my best efforts, I've found it increasingly difficult to balance my responsibilities.

Recently, my father's health has declined significantly, and I now need to dedicate my time to supporting him. Unfortunately, this has left me with no available time to continue in the H&I position.

I believe in giving my best to everything I do, and out of respect for the role and everyone involved, I feel the right course of action is to step down and make room for someone who can give this position the attention it truly deserves. I will do everything I can to ensure a smooth transition, including providing all my documents and literature, continuing to update the website if needed, and sharing login information with other trusted members so that they can access the account.

Additionally, I am happy to continue creating designs for area events as time allows.

I love all of you deeply, and I ask for your prayers as I navigate through this difficult time.

Sincerely,

Sara Magee

Literature

Literature Purchase: No literature order was made.

Lit sales this month: \$146.77

Last Month Lit Sales: \$273.94

Soft BT H&I Purchase: No literature purchase was made.

Activities

Activities Chair Report

This is my final report as Activities Chair

I am pleased to say the Unity bash was successful and I would like to thank all those that showed up and especially those that stepped up and served. I could not have done it without you. I am still on the healing side of this illness and without them I could not have done it.

I have a final financial report and have passed that out and have a suggestion to move forward for next year which I have put on the agenda. I will discuss my idea at that time.

This is a lot of work, and I truly believe that we can get more involved with this new idea.

Thank you for allowing me to serve over these past few years and I will continue to assist wherever I am needed with activities to ensure a smooth transition. I look forward to serving in my new position in the coming year.

In loving service

Becki

Unity Bash Budget Report

	Collected	event sales	Total	Cost	Profit/Loss
Shirts	\$1,387.00			\$1,000.48	\$386.52
Food				\$306.49	\$306.49
Raffle	\$244.00		\$244.00	\$122.00	\$122.00
Auction	\$660.00		\$660.00		\$660.00
Banner				\$43.65	\$43.65
Hotel for speakers				\$166.00	\$166.00
7th Tradition and donations	\$143.00				\$143.00
Merchandise for Speakers				\$40.00	\$40.00
DJ				\$150.00	\$150.00
Rent				\$100.00	\$100.00
PROFIT					\$505.38
Bills paid					\$806.14
Totals	\$2,434.00			\$1,928.62	\$505.38
Profit					
Budgeted	\$1,930.00				
Profit or loss					\$505.38
Money Turned in					\$506.00

H&I

Becki D read email sent by Sara M, who was Absent.

Resignation from H&I Position Inbox



Sara Magee <saragmagee@gmail.com>
to me, Brittany, oscar, Rebecca ▾

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Sara Magee

RCM

RCM Report

I am looking forward to serving you as the RCM this year

I have passed out the zonal forum winter virtual meeting flyer and also our Regional committee meeting coming up this month.

Our Regional committee meeting will be held at new beginnings and will have the Car workshop on Saturday. It is suggested that you make every effort to attend.

In loving service

Becki

GROUP REPORTS

ANOTHER LOOK

809 E Erwin Street Tyler, TX
M-Su @ 7pm
S & SU @ Noon
Average Attendance 10
Donation \$0

LIVING RECOVERY

107 B Wain St Longview, TX
M -TH @ 12:15AM 6PM &
8PM
F & SU @ 12:15AM & 8PM
SAT @ 12:15PM, 8PM, 10PM
Avg attendance – 10
Donation \$100.00

LOVE & HOPE

200 Pine St Hawkins, TX;
MAILING ADDRESS 220 CR
3459 Hawkins, TX
Monday @ 7pm
Sat @ 1pm.
AVG attendance 0
Donation \$0

NEW BEGINNINGS

530 N Border Tyler, TX
Meetings:
SUN 1 & 6 PM MON 12 PM
TU 12 & 8 PM W 12 PM TH 12
& 6 PM FRI 12 PM SAT 1 PM
Average Attendance 2

Last Sat of the month is BDAY
night at 8pm
Donation \$0

RED BUD:

406 Red Bud Ln in Grand
Saline, TX
Tuesday, Thursday, and
Saturday at 7 PM;
Literature Study Thursday 7-
8:30
BDAY Night is last Saturday
AVG Attendance 9
Donation \$40

THE HOME GROUP

229 Utzman RD Kilgore Texas;
MAILING ADDRESS 510 North
Longview St Kilgore, TX
Mon & Thur @ 6:30 PM
Average Attendance 5
Donation \$20

VISIONS OF RECOVERY

804 Jordan ST Nacogdoches,
TX
SU,W, F 7 pm
Birthday Night: Last Sunday of
the month.
Avg attendance 12
Donation: \$59

KEEP IT SIMPLE

1403 East 1st Mt Pleasant (St.
Michael's Catholic Church)
M @ 7PM — in the building
behind the office; please use
the side door. Meets Monday
@ 7pm.
Average Attendance 3
Donation \$0

VISITING GROUPS

CALLED FOR A BREAK AT 2:44 PM

OPENED MEETING BACK UP AT 2:55 PM WITH SERVICE PRAYER

OLD BUSINESS

- **Policy Review:**
 - The policy that was originally scheduled for review in March will now be discussed in February. The group decided to table it until March.
- **Donations to Region H&I:**
 - Danny raised a concern about continuing to donate literature to Region H&I. The Regional Committee Member (RCM) is tasked with addressing this issue at the Region Service Meeting.
- **Banking and Login Information:**
 - There was a discussion regarding the handling of banking login information. The notetaker no longer needs to collect email login information. Instead, it was decided that two individuals will be responsible for the bank login: the Facilitator and the Money Handler Alternate. The notetaker will collect the email login for record-keeping purposes.
- **Area Service Meeting Start Time:**
 - Britt B suggested either changing the start time for the Area Service Meeting or ensuring that meetings start on time. The decision was made to start the Area Service Meeting at 2:00 PM, with a plan to begin eating at 1:30 PM, provided quorum is met. Additionally, Russ' Concept Workshops will start at 12:30 PM. This decision was passed by all GSRS present.
- **Rotation of Area Service Meeting Locations:**
 - A vote was held to determine the rotation for Area Service Meetings for the upcoming months. The locations are:
 - January: Another Look
 - February: Keep it Simple
 - March: Visions of Recovery
 - April: Love and Hope
 - May: Living Recovery
 - June: New Beginnings
 - July: Red Bud
- **Unity Bash Food Contributions:**
 - Various groups committed to bringing food for the Unity Bash:
 - Red Bud: Chips
 - Debbie B: Coleslaw
 - Living Recovery: Sausages
 - Another Look: Meat
 - Visions of Recovery: Hamburger Buns (150 count)
 - Keep it Simple: Gallon of Pickles
 - The Home Group: Potato Salad & Peach Cobbler
 - 2 Cakes being donated
- **CAR/CAT Workshop:**
 - Kristen R announced that the CAR (Conference Agenda Report) and CAT (Conference Approval Track) have been released. A virtual CAR/CAT workshop will be scheduled, and Kristen will send out the information. Additionally, there will be a workshop at the Regional Conference on January 18th and 19th.

PASSED MOTIONS BY GSR'S

- **Kristen Voted as Temporary Web Facilitator**

Kristen has been voted as the temporary Web Facilitator. We look forward to her leadership in managing the website and ensuring that all important updates are easily accessible to the community.

- **Posting of Minutes on Website Approved**

It has been approved that the minutes from our Area Service Meetings will be posted on the website each month. Please note, the minutes will still be emailed out to members every month to ensure that everyone stays informed and connected.

- **Chrysty S Nominated as H&I Chair**

Chrysty S. has been nominated for the position of H&I (Hospitals & Institutions) Chair. We will be moving forward with the nomination process and will provide further updates.

- **Sandwiches to be Served at Region**

Sandwiches will be served at the upcoming Region event, with a budget of \$250 approved to cover the cost.

NEW BUSINESS

Here's a suggested format for your meeting minutes with all the details you provided:

Area Service Meeting Update

January 2025

- **Danny's Suggestion on Email Addresses and Minutes**

Danny suggested updating email addresses and posting meeting minutes on the Area website to ensure easier communication and transparency.

- **Kristen as Temporary Web Facilitator**

Kristen kindly offered to temporarily hold the Web Facilitator position. This offer was accepted, and we appreciate her willingness to step in.

- **Becki's Suggestion Regarding Activities**

Becki suggested that Groups host each Area activity due to the absence of an Activities Chair at the Area level. She also volunteered to handle the money for each activity, as the Activities Alt does not have sufficient clean time to manage finances. The Area decided to take this proposal back to their Groups for further discussion.

- **Britt B's Suggestion on Group Reports**

Britt B proposed that Groups only fill out the Group Reports when there are changes to report,

instead of submitting them every time an Area Service Meeting is held. This would help conserve both time and paper. The suggestion was noted for further consideration.

- **H&I Chair and Web Facilitator Resignation**

The H&I Chair and Web Facilitator positions have both been vacated. Chrysty offered to hold the H&I position, and a motion was made by Becki D to approve her nomination, which passed at the Area level. Chrysty provided her qualifications for the position.

- **Food for Region**

Becki suggested discussing the food needed for Region. She requested approval for a \$250 budget for food. Jeremy recommended increasing the budget due to the need to provide food for 65-70 people. The budget will be reviewed and finalized.

- **Policy Review**

The policy that was originally scheduled for review in March will now be discussed in February. The group decided to table this review until the March meeting.

- **New Beginnings Area Meeting Attendance**

Paul G raised concerns about New Beginnings Area Meeting attendance. Someone will be reaching out to check on the group and provide any necessary support.

- **LSRCNA 40th Anniversary Event**

The LSRCNA 40th Anniversary event was mentioned as a way to help support the Convention this year. Britt B suggested that the Area assist in some manner. A Zoom meeting will be held on January 6th at 7:30 PM to discuss further details. A flyer will be sent out via email from the Notetaker.

- **Hawkins PI Day**

A suggestion was made to host a PI Day on January 19th at 1:00 PM to distribute flyers. GSRs will take this proposal back to their Groups for feedback.

- **Love & Hope PI Day**

A Love & Hope PI Day was also suggested, and the topic will be revisited in the March meeting.

ELECTIONS TO FILL VACANT/OPEN POSITIONS

Facilitator (2 years): Nominee: Paul G. (Red Bud)

Outcome: Voted YES

Co-Facilitator (2 years): Nominee: John B.

Outcome: Voted YES

RCM (Regional Committee Member, 2 years):

Nominee: Becki D. (Another Look) Outcome:
Voted YES

RCMA (Regional Committee Member Alternate, 2 years):

Nominees: Chrysty (not present) and
Brittany B. Outcome: Brittany B. Voted YES waived
time requirement and had a very LONG discussion

Notetaker (6 months): Nominee: Hope F. (Living
Recovery Group) Outcome: Voted YES

Money Handler (4 years): Nominee: Kristen
(expressed willingness to continue) - Kristen
apologized to the body for perceived past
inaction.
Outcome: Voted YES

Money Handler Alternate (3 years): Nominee:

Debbie (nominated by William) Outcome: Voted
YES

Web Facilitator (1 year): Nominee: Sarah

(Another Look) Outcome: Voted YES

Literature Distribution Representative (LDR, 4

years): Nominee: Jeremy P. Outcome: Voted YES

Hospitals & Institutions (H&I, 2 years): Nominee:

Sarah Outcome: Voted YES

Activities Chair (2 years): Nominee: Miranda

(nominated by Becki) Outcome: Voted YES

Activities Alternate (1 year): Nominee: Holly B.

(Another Look; 4 months shy of required time)
Outcome: Voted YES waived time requirement

OPEN POSITION:

Notetaker Alternate (6 months)

Literature Distribution Representative Alternate (3 years)

Public Relations (PR, 2 years)

Public Relations Alternate (1 year)

Hospitals & Institutions Alternate (1 year)

CLOSED WITH THE SERENITY PRAYER AT 3:39 PM

TAKE BACK TO GROUPS:

OPEN POSITION:

- Notetaker Alternate (6 months)
- Literature Distribution Representative Alternate (3 years)
- Public Relations (PR, 2 years)
- Public Relations Alternate (1 year)
- Hospitals & Institutions Alternate (1 year)
- Activities

Hawkins PI

- Meeting up at 1PM on January 19th at the Hawkins Group.

Area Activities

- Determine how each Group feels about having individual Groups host and plan Area Activities.

Budget for 2025

- Kristen shared an excel file via email.

SZF WINTER VIRTUAL MEETING

Save the Date

JOIN US

Saturday, January 25, 2025



Virtual Information:
819 5445 8994
Password 121212



Agenda and start time will be added
at a later date.

FOR QUESTIONS, CONTACT SCOTT M.
816.517.3770

LONE STAR REGION COMMITTEE MEETING

JANUARY 18 – 19, 2025

530 N BORDER, TYLER, TEXAS (NEW BEGINNINGS GROUP)



SATURDAY

1:00 PM CAR WORKSHOP

6:00 PM DINNER PROVIDED BY EAST TEXAS

7:00 PM OPEN MEETING HOSTED BY NEW BEGINNINGS

SUNDAY

9 AM – REGIONAL BUSINESS MEETING



ACCOMMODATIONS ARE WITH THE
TYLER HOLIDAY INN, 5701 SOUTH BROADWAY, TYLER, TX, 75708 •
903-561-5800
CONTACT LORETTA AT LORETTAJEANFWANA@GMAIL.COM OR 682-
597-1439 FOR MORE INFORMATION ON ACCOMMODATIONS

Upcoming events:

Birthday Nights at each Group.

Area Schedule:

January – Another Look 809 E. Erwin Street Tyler, TX (starting at 12:30PM)

February - Visions of Recovery

March - Keep it Simple