

# EAST TEXAS AREA OF NARCOTICS ANONYMOUS

## BUSINESS MEETING MINUTES

January 3, 2026

Meeting Opened with Service Prayer: 2:02 pm

## 12 Traditions: Sheila

## 12 Concepts: Brittany D

Tradition 1: Paul G – 5 Minute Discussion – Questions from the Guiding Principles were discussed.

Roll Call: Stacey B.

## GROUPS

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GROUP	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Another Look	P											
Candlelight	P											
The Home Group	P											
Keep it Simple	P											
Living Recovery	P											
Love & Hope	A											
New Beginnings	P											
Palestine Freedom	P											
Recovery in Progress	P											
Red Bud	P											
Rising in Recovery	P											
Visions of Recovery	P											

New Group: Palestine Freedom Group

MINUTES FOR DECEMBER: APPROVED

## REPORTS

## Facilitator Report

### (Verbal Report)

## Making Meetings. Completed Step 6.

## Co-Facilitator Report

### (Verbal Report)

Made meetings at the Home Group, Unity Bash. Glad to be Co-Facilitator

## Money Handler Report

### (Report Read Aloud)

Happy New Year. Here is the Moneyhandler Report. We have received \$751.02 in cash from the Activities Committee and 1732.06 is located in the Cash App. We will need to know how the body would like us to proceed. We can either withdraw the cash and the area will incur ATM fees, or we can link the Cash App to the area's bank account. The deposit for the event will be made today as soon as a decision is made. Kristen R. did not feel comfortable pulling out the cash until this was resolved. We currently have an operating balance of \$2,030.25 after the deposit from December was deposited. This does not include the funds from the Unity Bash. We also have not received all the votes to pass the budget. Three groups responded to the email that was sent. We have made the corrections that Rising and Recovery and Red Bud requested. There are copies in the Moneyhandler packet. We have added a \$300 per quarter budget for PR. This will need to go back to the groups according to the guidelines. Please let us know if you have any questions for the Moneyhandler Team.

Adding Arianna, Stacy H, and Doug. Removing Debbie B and Jeremy P. The budget has not been approved by the Groups so PR does not have a budget.

Who gets the Debit card? – Debit cards go to Money Handler and Literature Rep.

ILS,

Kristen R. & Arianna M.

## Moneyhandler, Moneyhandler Alt.

East Texas Area Check Register Dates 03/01/2024-03/28/2024

## Notetaker Report

(Report Read Aloud)

**Notetaker Report**  
1/3/2026

Hello Family,

Thank you all for welcoming me so warmly to Texas and for allowing me the opportunity to serve alongside you this year. I'm truly looking forward to all the wonderful things we'll accomplish together.

This month, I've enjoyed the fellowship of my home group, Rising in Recovery, and have also enjoyed supporting meetings beyond my home group. The Unity Day Bash on New Year's Eve was unforgettable — huge thanks to the Activities Committee for organizing such a fantastic event!

I am currently working through Step 3 with my Sponsor. Going through these steps again has reminded me of how absolutely transformative this process is for my personal growth, and it has reinforced the importance of staying vigilant in my recovery.

With Deep Gratitude,

Stacey B

## Literature Report

(Verbal Report)

No Orders this month.

## RCM Report

(Verbal Report)

East Region will be held next weekend. Needs a vote for the motion for the BOD Guidelines. Forwarded everything to GSRs for review.

## Web Facilitator

- No changes to the Website.
- Will add Palestine Group to Website

## H&I

Verbal Report: Met last Sunday, good showing in Longview. H&I Orientation. Call back from Salvation Army. The vote on the H&I Subcommittee Guidelines was not done.

**\*\*Next Meeting is scheduled for January 18, 2026, at 1:30 p.m.\*\***

## Activities (Report Attached)

Here is a brief financial summary from the event:

### Expenses (Receipts):

Walmart (12/28) – Food: \$289.14  
Walmart (12/18) – Supplies: \$55.63  
Sam's (12/28) – Food: \$98.75  
Sam's (12/28) – Food: \$30.66  
Walmart (12/28) – Food: \$120.25  
Walmart (12/28) – Supplies: \$46.45  
Hobby Lobby – Supplies: \$17.24  
Ice – Food: \$20.94  
Dollar Tree – Supplies: \$10.83

Total Expenses: \$689.89

### Income:

T-Shirts (extra): \$109.00  
Auction: \$1,536.00  
Raffle: \$251.00  
50/50 (proceeds to Area): \$343.00

7th Tradition: \$230.08

Total Income: \$2,469.08

Difference (Profit): \$1,779.19

The Unity Bash was a huge success! Thank you to everyone who came out. Thank you to our speakers and everyone who donated items! These events are only successful because of y'all! thanks to Brittany B for all her support, help and ideas. Thanks to Jeremy P. For custom building the banner! Thanks to Love and Hope for hosting us! Thanks to Stephen B and the rest of the guys for the amazing firework show. Here's to another great year!

Holly B.

## PR (Report read aloud)

### Public Relations Report

1/3/2026

Hello Family,

I was able to attend my home group, Another Look, this month, as well as a few outside meetings. I'm currently working on Step 2 with my Sponsor to hopefully bring some sanity back into my life.

We had a PR subcommittee meeting in November, immediately following the H&I Subcommittee meeting. Although it was not well attended, the attendees who were present shared some good ideas. The focus was mainly on jails and how to bring our literature into the jails.

We discussed providing exit packets for the jail, which would include an Introductory Guide, a few IP's, and a Meeting list to hand out to the inmates upon their release. ***I would like to ask for clarification on the PR budget so that we can purchase the necessary literature.***

We also discussed holding future PR meetings every other month. As the PR Facilitator, I would like to encourage the groups to have a representative at these meetings so that each group has a voice.

I will get with the PR Subcommittee members before the Area meeting to discuss the time, date, and place of the next PR Subcommittee meeting.

In closing, I would like to express my sincere gratitude to the members of the PR Subcommittee, especially Heather P, for doing an outstanding job of creating the trifold meeting list.

With Love and Peace,

Randy B.

**\*\*Meeting on Saturday, January 31, 2026, at 10 am\*\***

## GROUP REPORTS

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### **ANOTHER LOOK**

809 E Erwin Street, Tyler, TX

M-Su @ 7 PM, Sat & Sun @ Noon

Average Attendance: 9

Birthday Night – 1<sup>st</sup> Saturday of the Month (February 7, 2026) @ 7 PM;

GC 2<sup>nd</sup> Sunday of the Month – Sunday, January

Speaker Meeting: 1<sup>st</sup> Friday of the Month (February 6, 2026)

Donation: \$20

### **CANDLELIGHT**

2613 Daybreak, Nacogdoches, TX 75961

Tues & Thurs at 7 PM

Average Attendance: 4

Donation: \$0

Needs Support

### **KEEP IT SIMPLE**

Mailing Address: 421 CR 1330, Mt. Pleasant, TX

Meeting Address: 1403 E 1<sup>st</sup>. St., Mt. Pleasant, TX (use side door)

Monday @ 7 PM

Average Attendance: 4-6

Donation: \$0

Needs Support

### **LIVING RECOVERY**

107BWain Dr., Longview, TX

M-Th @ 12:15 AM, 6PM & 8PM; SAT & SU @ 12:15PM & 8PM

**\*\*New trial meeting for 90 days Saturday @ 5PM)**

**Birthday Night – 3<sup>rd</sup> Saturday @ 8pm**

**Campout – May 29-31, 2026**

Average Attendance: 10

Donation: \$100

### **LOVE & HOPE**

Mailing Address: 220 CR 3459, Hawkins, TX

Meeting Address: 200 Pine Street, Hawkins, TX

Monday @ 5PM & Sat @ 1PM

Average Attendance: 6

Donation: \$0

### **NEW BEGINNINGS**

**\*\*Has MOVED to 919 S Vine St., Tyler, TX\*\***

Sun: 1PM & 6PM, Mon-Fri: 12PM, Sat: 1 PM

Average Attendance: 4

Last Sat of the Month is Birthday Night -8 PM

Donation: \$30

**RED BUD**

406 Red Bud Lane, Grand Saline, TX

Tuesday & Saturday at 7 PM Tues – 8, Saturday - 5

Literature Study: Thursday, 7-8:30 PM

**\*\*New trial meeting for 90 days, Monday at 7 PM\*\***

Birthday Night: December 27<sup>th</sup> @ 5 PM

GC – 2<sup>nd</sup> Sun at 5 pm

Average Attendance: 6

Donation: \$0

**THE HOME GROUP**

Meeting Address: 229 Utzman Rd., Kilgore, TX

Mailing Address: 510 North Longview St., Kilgore, TX

Mon & Thur @ 6:30 PM

Average Attendance: 4

Donation: \$30

**RECOVERY IN PROGRESS**

Hillcrest Baptist Church – 909 North Elm St, Kemp, TX

Wednesdays @ 7 PM

Average Attendance: 3

Donation: \$0

**RISING IN RECOVERY**

Cross Brand Cowboy Church (@ The Ranch House) – 11915 FM 2015,

Tyler, TX

Sunday Women's Oriented Meeting at 6PM (Available on Zoom/Hybrid)

Tuesday Open Meeting at 6 PM (in person only)

**Wednesday Men's Oriented Meeting at 7:15 PM – Needs Support**

Average Attendance: 27

Average Attendance on Tuesday: 27

Men's Meeting – Needs Support

Donation: \$45.40

1<sup>st</sup> Anniversary – Formal Prom – More will be revealed.

Service positions open.

**VISIONS OF RECOVERY**

Meeting Address: 804 Jordan Street, Nacogdoches, TX

Mailing Address: 16794 CR 3261, Garrison, TX 75946

Sunday, Wednesday & Friday @ 7 PM

Birthday Night: Last Sunday of the Month at 6 pm (Eat), 7pm (Meeting) (Sunday 1/25/2026)

(Eat at 6 pm, meeting starts at 7 pm)

3<sup>rd</sup> Sunday is Activities

Average Attendance: 7

Donation: \$61.50

**Break: Break at 3:18 PM – Opened back up with Serenity Prayer at 3:33 PM**

## OLD BUSINESS

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1. Old Business Revisited & Items Taken Back to Groups:
  - Emergency Group Conscience to vote on budgets (**Passed**)
  - Workshop on Group Topics once every 3 months rather than Traditions – *Eliminate 12:30 workshop other than every 3 months. Propose to eliminate 12:30 workshop other than every 3 months. (Passed) – GSR's please bring back ideas for topics. We will vote on topics in February for the first workshop in March.*
  - Change CBDM votes to  $\frac{2}{3}$  or 80% rather than 100% - RedBud Group is opposed. Flow chart on page 18 gives you an option where if less than 2 groups are in opposition. – No Vote Necessary. Included in Guidelines.
  - The schedule/calendar is being put back on the website through California Steve (less expensive per Kristen R) – Putting each event on the front page of the website. Kristin will have an answer before the next area meeting in February.
2. Elections of Open positions.
  - a. PR Alternate – Shane - **Approved**
  - b. Activities – Brittany - **Approved**
3. Vote on motions for region (Kristen): **The 5-6 ideas need to be taken back to Groups and make a final vote that will then come back to Area and go to Region.**
  - Idea #1: - To eliminate the position of Regional Liaison for the BOD and even the CAC positions - **Passed**
  - Idea #2: Form a work group to structure Regional Convention Committee - **Passed**
  - Idea #3: Bring the Lonestar Regional Convention back under the Lonestar Region Service Conference -- **Passed**
  - Idea #4 (Fort Worth) : Form an ADHOC to begin the process of structuring a Regional Convention that falls under the Lone Star Region service structure. -- **Passed**
  - Idea #5 (Fort Worth): To completely disassociate from the Regional Service Office Board of Directors
  - and no longer recognize the board as a vendor to the Lone Star Region. – **Passed**
  - Idea #6: Expand the existing role of the LRSCNA Rep – **Fail**
4. Guideline Review: Facilitator (Doug) will be chairing the workgroups. The information is on the website for the 1<sup>st</sup> Guideline Review on **Saturday, January 10, 2026, from Noon – 4 pm**.
5. Next year's Area Locations: Read aloud by Kristen R. Contact for further info.
6. Regional Donation – The groups will revisit the amount currently given to the Region and determine whether to contribute a set amount or a percentage. Leaving it at static (fixed rate) or 20%?

## 2026 Elected Servants

- Facilitator Doug H – Red Bud
- Co-Facilitator -- Paul G
- RCM – Rebecca D
- RCMA – Danny D
- Notetaker – Stacey B (R&R)
- Notetaker Alt – Lexi W
- Money Handler – Kristen R
- Money Handler Alt – Arianna M
- Web Facilitator – Kristen R
- Web Facilitator Alt – Amanda
- Literature Distribution Representative - Stacy H - Living Recovery
- Literature Distribution Representative Alt – Jeremy P
- PR – Randy B
- PR Alt – Shane L –
- H&I – Troy T (Another Look)
- H&I Alt – Brittany D (RnR)
- Activities – Holly B (RnR) – Holly B.
- Activities Alt – Britt B (RnR) – Brittany B,

## NEW BUSINESS

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1. Book Flying H Ranch for September 2026 Campout? – Yes
2. Creating Area Cash-App for Money Handler – **GSRs take back to groups**
3. RSO BOD Bylaws Revisions (RnR Idea) – Take back to groups. Becky D will ask about the proposal submitted by RnR at the next Regional Service Meeting – **GSRs take back to groups**
4. Regional Guidelines/Bylaws Revisions – **GSRs take back to groups**
5. Budget – **Passed**
6. H&I Subcommittee Guidelines – **GSRs take back to groups**
7. Welcome Kit for Palestine – **Approved**
8. Loretta J – Regional Delegate (Alternate) – Approved – Service Resume Attached

## 2026 Elected Servants

- Activities Alt – Britt B (RnR) - **Elected**
- Web Facilitator Alt -- Amanda (K.I.S.S) - **Elected**

## TAKE BACK TO GROUPS (January):

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1. Should the Money Handler have a Cash App Account that is attached to the Area bank account? This would save money on withdrawal fees and make financial transactions smoother.
2. RSO BOD Bylaws Revisions (RnR Idea) – Attached
3. BOD Bylaws and Regional Guidelines – Attached

**\*\*Please communicate your group's vote for items 2 and 3 to the Notetaker or RCM by January 18th, 2026, so that our area voice can be carried to Region\*\***

4. H&I Subcommittee Guidelines – Attached

Meeting Closed: Circled up at 5:27 PM

**Next Area Service Committee Meeting: - Candlelight Group  
2613 Daybreak, Nacogdoches, TX  
12:30 PM– 2<sup>nd</sup> Tradition  
2:00 PM - Area**

## East Texas Area Budget 2026

RSC Donation		250.00	Per Trimester
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<b>Activities Expense</b>		
Campout		3,160.00
Supplies	300.00	
Food	1,000.00	
Banner	80.00	
Rental of Cabins	1,200.00	
Rent	400.00	
Merch for Speakers	80.00	
Merch Extra	100.00	
Halloween Party		810.00
Supplies	100.00	
Food	350.00	
Banner	80.00	
Rent	100.00	
Merch for Speakers	80.00	
Merch Extra	100.00	
Unity Bash		1,515.00
Supplies	150.00	
Food	800.00	
Banner	80.00	
Rent	100.00	
Permits, Insurance	25.00	
Merch for Speakers	80.00	
Rental of Rooms	180.00	
Merchandise	100.00	
Special Event		760.00
Supplies	100.00	
Food	300.00	
Banner	80.00	
Rent	100.00	
Merch for Speakers	80.00	
Merch Extra	100.00	

<b>Activities Expenses</b>		6,245.00

<b>Facilitator Expenses</b>		
Copies Per Quarter		25.00

<b>Notestaker</b>		
Copies Per Quarter		25.00

<b>Moneyhandler</b>		
Copies Per Quarter		25.00

<b>Literature Rep</b>		
Copies Per Quarter		25.00

<b>RCM/RCMA</b>		
RCM RSC Travel		250.00
RCMA RSC Travel		250.00
RSC Hosting		250.00

<b>H&amp;I</b>		
Literature Per Quarter		600.00

<b>PR</b>		
Supplies		300.00

<b>Website Hosting Fee Per Year</b>		300.00
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<b>Total Budget for 2026</b>		14,540.00
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0.00	Per Year
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Prudent Reserve 1,800.00

547

## East Texas Area Of Narcotics Anonymous Group Report

548

## Group Information

## Trusted Servants

549 Group Name

Another Look

Position

Name

Phone Number

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GSR

903-312

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553 Mailing Address

809  
~~809~~ E. Erwin St.

GSRA

Cherie D. 2836

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Meeting Location

Same

Secretary

Jeff P. 903-330-9624

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## Meeting Information

## Group Announcements

565 Day

Time Average Attendance

8pm 2  
9pm 4

Sunday

566 Monday

7pm 11

567 Tuesday

7pm 9

568 Wednesday

7pm 6

569 Thursday

7pm 6

570 Friday

7pm 15

571 Saturday

7pm 3

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PM 7 10

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581

582

583

ETASC Date

ASC Location

ETASC Donation

Treasurer

Troy T. 903-941-2143

Secretary

Open

PI Chair

?

Speaker Night  
1st Friday of the  
Month 2/6

Bday Night - 2/7

CJC - 2nd Sunday 2/8

## Group Needs

Come see us!



547

## East Texas Area Of Narcotics Anonymous Group Report

548

## Group Information

## Trusted Servants

549 Group Name

Keep It Simple

Position Name Phone Number

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GSR 903.960.0136

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553 Mailing Address

421 C.B. 1330

GSRA

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Mt. Pleasant TX

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75455

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Meeting Location

1403 E. 1st

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Mt. Pleasant TX

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75455

## Meeting Information

## Group Announcements

Day

Time Average Attendance

565 Sunday

7:004-6Building Behind The Office  
Use The Side Door

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Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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Saturday

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Sunday

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Monday

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Tuesday

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Wednesday

576

Thursday

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Friday

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Saturday

579

Sunday

580

Monday

581

Tuesday

582

Wednesday

583

Thursday

## Group Needs

1-3-2026Another LookCome See Us

547

## East Texas Area Of Narcotics Anonymous Group Report

548

## Group Information

## Trusted Servants

549 Group Name

Recovery in Progress

Position

Name

Phone Number

GSR

Natalie P. (972)802-5489

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552 Mailing Address

909 N. Elm St.  
Ishmp, TX 75143

GSRA

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Meeting Location

Hillcrest Baptist  
Church

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## Meeting Information

Group  
Announcements

Day

Time

Average Attendance

565 Sunday

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566 Monday

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568

569 Tuesday

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570

571 Wednesday

7pm      3

572

573 Thursday

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574

575 Friday

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576

577 Saturday

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578

579 ASC Date

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580

581 ASC Location

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582

583 ETASC Donation

## Group Needs

East Texas Area Of Narcotics Anonymous Group Report

Group Information

Group Name

Red Bud Group

Mailing Address

406 Red Bud Lane  
Grand Saline, TX

Meeting Location

406 Red Bud Lane  
Grand Saline, TX

Meeting Information

Day Time Average Attendance

Sunday \_\_\_\_\_

Monday Total 7-8 2

Tuesday 7-8 8

Wednesday \_\_\_\_\_

Thursday 7-8:30 8

Friday \_\_\_\_\_

Saturday 7-8 5

ASC Date \_\_\_\_\_

ASC Location Another Cook

ETASC Donation \$30

Trusted Servants

Position Name Phone Number

GSR Dougt

GSRA Kristen R

Treasurer Tess D  
Dougt

Secretary Cody Y

PI Chair \_\_\_\_\_

Group Announcements

Birthday - Last Saturday of the Month

GC - 2<sup>nd</sup> Sat of the month  
@ 5pm before the meeting

Group Needs

East Texas Area Of Narcotics Anonymous  
Group Report

Group Information  
Group Name Rising In Recovery  
Mailing Address Punch House  
11915 FM 2015  
Tyler, TX  
Meeting Location 11915 FM 2015  
Tyler, TX

Trusted Servants  
Position Name Phone Number  
GSR Heather P. 903 283 1938  
GSRA Open  
Treasurer Britt B. 903 752 3794  
Secretary Britt D. 469 661 5101  
PI Chair Open

Meeting Information  
Day Time Average Attendance  
Sunday 6 PM 29  
Monday 6 PM 29  
Tuesday 7:15 Lacking Support  
Wednesday 6 PM 29  
Thursday 6 PM 29  
Friday 6 PM 29  
Saturday 6 PM 29

Group Announcements  
1st Anni coming up  
& we have decided  
to do a formal prom/  
dance/coffee rave  
more details to follow

Group Needs  
~~4000000~~  
to fill service  
positions

ASC Date \$145.40  
ASC Location AL

East Texas Area Of Narcotics Anonymous Group Report

Group Information		Trusted Servants		
Group Name	<u>Visions of Recovery</u>  <u>16194 CR 32615</u> <u>Garrison TX</u> <u>75946</u>			
Mailing Address	Position	Name	Phone Number	
	GSR	<u>John Sangster</u>		
	GSRA	<u>open</u>		
	Treasurer	<u>open</u>		
	Secretary	<u>open</u>		
	PI Chair	<u>Chip Wade</u>		
		<u>open</u>		
Meeting Location	<u>Sandy Oaks Community Room</u> <u>804 Jordan</u> <u>Nacogdoches</u>			
Meeting Information		Group Announcements		
Day	Time	Average Attendance		
Sunday	<u>7-8PM</u>	<u>6</u>		
Monday	<u>—</u>			
Tuesday	<u>—</u>			
Wednesday	<u>7-8PM</u>	<u>6</u>		
Thursday	<u>—</u>			
Friday	<u>7-8PM</u>	<u>6</u>		
Saturday	<u>—</u>			
ASC Date	<u>1-3-26</u>			
ASC Location	<u>Another Look Tyler TX</u>			
ETASC Donation	<u>\$61.50</u>			
Group Needs				



## SERVICE RESUME



**Name:** Loretta Jaynes

**Address:** 5725 Hobart St

Address Fort Worth, TX 76134

**Phone Number:** 682-597-1439

**Email Address:** lorettaj.eam.fwana@gmail.com

**Clean Date:** 12/02/2002

**Position Desired:** RD Alternate

**Group Service (List position and approximate dates served):**

Secretary/Treasure September 2005 to March 2006

H&I group rep Jun 2006 to July 2007

Coffee Bar Alt July 2007 to October 2007

Merchandise Chair for groups mini convention anniversary

Facilitator November 2007 to June 2009

Coffee Bar Alt July 2009 to July 2010

Money Handler Alt July 2010 to July 2011

Money Handler July 2011 to July 2012

Money Handler Alt August 2015 to July 2016

Money Handler July 2016 to July 2017

Money Handler July 2021 to July 2022

Landlord Liaison July 2021 to April 2025

**Area Service (List position and approximate dates served):**

H&I Facility Chair September 2006 to September 2009

H&I Co-Chair January 2007 to January 2008. H&I Chair January 2008 to January 2009

RCMA June 2014 to July 2015

RCM July 2015 to July 2018

ASOBOD November 2013 to present

Co-Facilitator July 2022 to July 2023

**Regional Service (List position and approximate dates served):**

Co-facilitator May 2018 to 2020

Facilitator May 2020 to 2022

Communication Liaison May 2022 to present

**World Service (List position and approximate dates served):**

None

**Have you failed to complete, or been removed from a service position in the last 5 years? Please Explain:**

No

**Have you ever stolen or misappropriated funds or merchandise from NA? If yes, please explain:**

No

**Do you regularly attend NA Meetings?**

Yes

**Do you work with a NA sponsor?**

Yes

**Do you have a working knowledge of the 12 Steps, and an understanding of the 12 Traditions and the Concepts of NA Service?**

Yes

**Are you willing to uphold and abide by the 12 Steps, 12 Traditions, and 12 Concepts of NA?**

Yes

**Have you reviewed the Guidelines/By-Laws in respect to this service position?**

Yes

**What skills or training do you have to assist you in this commitment?**

Clear understanding of CBDM and Robert's Rules. Been RCM and Facilitator. Computer and communication skills. Honesty, humility and integrity.

**Have you looked at how this commitment will impact other commitments or your personal**

**Yes and will be able to balance it all out.**

**Do you have the time and resources necessary to complete the service position to which you may be nominated?  
Please explain:**

Yes. Thanks to NA, I am blessed with the ability to have time and resources.